

Candidate's Examination Number _____

PXKXXTD

THE REVOLUTIONARY GOVERNMENT OF ZANZIBAR

ZANZIBAR EXAMINATION COUNCIL

FORM ONE ENTRANCE EXAMINATION

112

CREATIVE ARTS AND SPORTS

TIME: 2:30 HOURS

WEDNESDAY 16TH OCTOBER, 2024 P.M

INSTRUCTIONS TO THE CANDIDATE

1. This paper consists of **THREE (3)** sections A, B and C.
2. Answer **ALL** questions in Section A and B. **ONE (1)** question from section C.
3. Write your Examination Number on each page.
4. All answers must be written in space provided under each question.
5. Use a blue or black pen in writing. Diagrams must be in pencil.
6. Cellular phones and unauthorized materials are not allowed in the Examination room.

FOR EXAMINER'S USE ONLY		
QUESTION NUMBER	MARKS	SIGNATURE
1.		
2.		
3.		
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10.		
11.		
12.		
TOTAL		
CHECKER'S SIGNATURE		



This paper consists of 10 printed pages

SECTION A: (35 Marks)

Answer ALL questions in this section.

1. Choose the correct answer then write its letter in the table below.
 - i. Which drink that is most preferred during hot season?
 - A. Tea
 - B. Water
 - C. Milk
 - D. Porridge
 - ii. The word cooking ingredients means
 - A. Equipment used during cooking
 - B. Various cooking items
 - C. ingredients needed in cooking
 - D. Liquid-based cooking ingredients
 - iii. One of the foundations of entrepreneurship is
 - A. Wooden box
 - B. Marketing
 - C. Spending money
 - D. Industry
 - iv. The main way to find business capital is
 - A. Personal savings
 - B. Smuggling
 - C. Buying plots
 - D. To have friends
 - v. Rest in sports is an important thing. What are the consequences of not resting in sports?
 - A. Playing efficiently
 - B. Getting the desire to play
 - C. Increase the ability to think
 - D. Getting pain in the body

- vi. Free competitions of swimming require distance with a length of
- A. 3 kilometers
 - B. 4 kilometers
 - C. 5 kilometers
 - D. 10 kilometers
- vii. One of the following is a sign of a person with a fracture
- A. Skin redness in affected area
 - B. Drying of blood in the body
 - C. Too much Sweating
 - D. Walking properly
- viii. One among the important steps in creating a play is to have
- A. A concept
 - B. A platform
 - C. Actors
 - D. Artists
- ix. One among the following tools is used for cutting tree trunks
- A. Knife
 - B. Slasher
 - C. Scissor
 - D. Axe
- x. Among the best modern ways to preserve uncooked food is
- A. Frying
 - B. Drying
 - C. Salting
 - D. Refrigerating

ANSWERS

i.	ii.	iii.	iv.	v.	vi.	vii.	viii.	ix.	x.

2. Match the information from **LIST A** by choosing the correct answer from

LIST B as used in the topic of swimming. Write the letters in the table below.

LIST A		LIST B
i.	Viewing the environment of the section in which one is drowned	A. Life buoy
ii.	When it is worn makes a person to float in water	B. Rope
iii.	A spherical device which is thrown to someone drowned so as to hold and float	C. Life jacket
iv.	A device that is used if there is sinking ship emergency	D. Swimming
v.	The state of a person running out of breath and strength in water	E. Drowning
		F. Rescue method
		G. Life raft

ANSWERS

LIST A	i.	ii.	iii.	iv.	v.
LIST B					

3. Write the letter **T** if the statement is correct and **F** if the statement is incorrect in the table below.

- i. Entrepreneurship increases poverty in society.
- ii. A hair clip can be made by using a coconut shell.
- iii. Capital is the amount of money that an entrepreneur can start a business with.
- iv. Some foods are cooked by baking.
- v. Jeans and a turban are suitable clothes for swimming.
- vi. The consequences of not protecting the environment is decreasing of rainfall in the country.
- vii. Modern poems are poems which consider the balance of rhythm and rhyme.

- viii. First aid is a subject that teaches us how to eat and drink according to the doctor's instructions.
- ix. A child's broken bone heals faster compared to an adult's.
- x. Among the roles of poems is to educate the society.

ANSWERS

i.	ii.	iii.	iv.	v.	vi.	vii.	viii.	ix.	x.

4. Fill in the blanks by choosing the correct answer given in the box below

Free style, environment, melodrama, plane, drink, sidestroke, saw

- i. The liquid that humans use for the benefit of their body is called _____
- ii. The device that is used to clean wood is called _____
- iii. A kind of play in which everything is hyperbolized is called _____
- iv. All things around us including trees and animals are known as _____
- v. A type of swimming in which the arms and legs of a person move by alternating above the water is called _____

SECTION B: (45 Marks)

Answer ALL the questions in this section.

5. a) Identify five (5) causes of sexual harassment.
- i. _____
 - ii. _____
 - iii. _____
 - iv. _____
 - v. _____
- b) Name four (4) types of sexual harassment.
- i. _____
 - ii. _____
 - iii. _____
 - iv. _____
6. a) Write three (3) things to consider in maintaining kitchen hygiene.
- i. _____
 - ii. _____
 - iii. _____
- b) Identify three (3) foods that are cooked by using salt.
- i. _____
 - ii. _____
 - iii. _____
7. a) Define the term businessman.
- _____
- _____
- _____

b) List the three (3) steps for preparing entrepreneurial foundation.

- i. _____
- ii. _____
- iii. _____

8. a) Kapungulo was the best player of the Kusadikika National Team but his performance dropped due to the use of illegal drugs. Identify five (5) disadvantages of using such drug.

- i. _____
- ii. _____
- iii. _____
- iv. _____
- v. _____

b) Name four (4) benefits of good nutrition for an athlete.

- i. _____
- ii. _____
- iii. _____
- iv. _____

9. a) Briefly explain the meaning of self-awareness.

b) Name three (3) benefits of self-awareness.

- i. _____
- ii. _____
- iii. _____

Candidate's Examination Number _____

- c) Identify three (3) effects of lack self-awareness.
- i. _____
- ii. _____
- iii. _____

SECTION C: (20 Marks)

Answer ONE (1) question in this section.

10. Assume you are a provider of First Aid service. Describe six (6) steps that you will take to give that service to a broken person.
11. In swimming there are rules and regulations of swimming competitions. Explain five (5) rules and regulations of swimming competitions.
12. Explain five (5) uses of a mango tree trunk.

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